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 www.SpikeUpAthletics.com

Step 5 - AAU Membership – Do Not Complete Until Instructed By The Team Manager or Head Coach.

A	AAU membership fees are \$22 per youth and \$35 per adult athlete, per competition year (September 1 to August 31 of the following year). Coaches and administrators who do not compete are required to carry a non-athlete membership (\$57 per adult).
B	If you are youth or adult athlete, please ensure you purchase the extended coverage membership (AB) for the above noted prices.
C	Register for your membership using the full legal names of the athlete(s); do not use nicknames. We highly recommend that you only register/pay for a 1-year membership.
D	Click on this link. You will be redirected to AAU’s membership overview page.
E	<ul style="list-style-type: none"> If registering a YOUTH athlete, look for the heading titled “ATHLETES (Individual)” and click “join now.” Then click on the “Get a Membership” box at the top of the page. Then click on “Youth Athlete Membership.” Then just answer the questions. For “type of membership” please ensure you select “Track and Field (Cross County, Multi-Events).” When asked if the athlete is a member of a club, please ensure you select “yes” and enter our club code W3CT69.
F	<ul style="list-style-type: none"> If registering as an ADULT athlete, look for the heading titled “ATHLETE (Individual)” and click “join now.” Then click on the “Get a Membership” box at the top of the page. Then click on “Adult Athlete Membership.” Then just answer the questions. Please ensure you register as yourself and as an athlete. For “type of membership” please ensure you select “Adult Program” and “Track and Field (Cross County, Multi-Events).” When asked if you are a member of a club, please ensure you select “yes” and enter our club code W3CT69.
G	<ul style="list-style-type: none"> If registering as a non-competing coach or club administrator, look for the heading titled “NON-ATHLETE (Individual)” and click “join now.” Then click on the “Get a Membership” box at the top of the page. Then click on “Non-Athlete Membership.” Then just answer the questions. Please ensure you register as yourself and as a “Non-Athlete.” For “type of membership” please ensure you select “Youth Program” and “Track and Field (Cross County, Multi-Events).” When asked if you are a member of a club, please ensure you select “yes” and enter our club code W3CT69.

H	<p>If the athlete has never competed in club track prior to joining Spike Up Athletics or competed with another club prior to November 6, 2023, please email a copy of the athlete's birth certificate to admin@spikeupathletics.com. Title the subject line with "Birth Certificate" and the athlete's last name. A copy of the birth certificate is not required for non-competing coaches and administrators. AAU does not age verify athletes upon purchasing a membership like USATF does. AAU only age verifies when an athlete's age is contested at a meet; therefore, it's important that Spike Up be able to quickly produce a copy of the athlete's birth certificate to meet officials so that the athlete is not disqualified.</p>
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PLEASE NOTE: It is very important that you do not miss steps 5H. Please double check before you log out of the AAU membership portal.

This concludes the registration process. Thank you for registering with Spike Up Athletics. We look forward to seeing you all on or at the track!