



PO Box 645, Nampa, Idaho 83653-0645
www.SpikeUpAthletics.com

BOARD MEETING MINUTES

September 10, 2026

6:12 pm – 8:10 pm MST

Voting Members Present

Daniel Bates - President

Katie Thayer - Secretary

Linda Fischer – Treasurer

Stephanie Albert – At Large Board Member

Call to Order

Daniel Bates called the meeting to order.

Roll Call

The following individuals were in attendance:

David Armitage

Robert Thayer

Lorenzo Washington

Katie Solosabal

Discussion/Vote - Prior Meeting Minutes

Daniel requested that the board review the regular meeting minutes from April 2, 2026 for approval. No questions, comments, or adjustments were brought forward. A motion to formally approve the minutes was made.

Motion: Linda Fischer

Second Motion: Stephanie Albert

Vote: None opposed

Motion approved

Financial Report

Linda presented the budget and financial report for the period of January 2026 to Present. Total funds available is \$14,301.58. Winter season we had a profit of \$1,826.05 and summer was \$8,561.00. The estimated business expenses are \$2,300. Equipment purchases totaled \$2,281.18.

Financial balances as of 9/10/26, which were:

Business Savings: \$2,080.37

Operating Account: \$11,782.19

Pool Account: \$98.95

Linda was happy with the cushion of funds we had from summer since during winter we do not have a lot due to D1 expenses. The club purchased 20 hurdles with new boards and screws from NNU at a cost of \$1,500. With the summer funds we were also able to buy 4 Letterman Jackets totaling \$1,500. There are several athletes with outstanding balances totaling \$417.07. Linda is going to resend invoices, and Dave was going to reach out to the athletes. The board is okay if athletes need to make payments if they have a high balance. Linda wants to avoid having to take parents to collections, the board agreed.

Daniel brought to the board that if an athlete has a balance less than \$35 after several attempts to collect, that Linda can write off the balance without board approval.

Motion: Linda Fischer

Second Motion: Katie Thayer

Vote: None opposed

Motion approved

None of the attendees had further questions or concerns with the financials as presented.

Motion: Linda Fischer

Second Motion: Daniel Bates

Vote: None opposed

Budget approved

Discussion and Vote on Resolutions 26-09-10, A and B

Due to the At-Large Board Member, Stephanie Albert, stepping down Lorenzo Washington and Katie Solosabal were on the Board's agenda to be appointed to serve on the board in accordance of our Bylaws.

1. Resolution 26-09-10(A) – To appoint a new At- Large member to the board. Daniel read the statement of issue and asked Lorenzo Washington if he was still willing to serve in the position of At- Large member if he was appointed. Lorenzo stated that he was. Daniel opened the floor to discussion to see if any of the attendees had any concerns with Lorenzo being appointed an At-Large member of Spike Up Athletics. There were no noted concerns or questions from attendees. Daniel asked if there was a motion on the statement of issue.

Motion: Linda Fischer

Second: Katie Thayer

Vote: None opposed

Motion approved

2. Resolution 26-09-10(A) – To appoint a new At- Large member to the board. Daniel read the statement of issue and asked Katie Solosabal if he was still willing to serve in the position of At-Large member if she was appointed. Katie stated that she was. Daniel opened the floor to discussion to see if any of the attendees had any concerns with Katie being appointed an At-Large member of Spike Up Athletics. There were no noted concerns or questions from attendees. Daniel asked if there was a motion on the statement of issue.

Motion: Katie Thayer

Second: Linda Fischer

Vote: None opposed

Motion approved

Pre-Winter Season Planning

Registration process will be the same as summer, where all forms will be in one document on Cognito. This made the registration process a lot easier and more streamlined. The price will remain the same for registration at \$400.

Dave will start working on the Facilitron to get the practice date and time submitted. Like before he will put all the work the team does at West Learning Campus, discounts given to NSD student, any sponsorships to InKind and this will lower our rental cost.

Practice schedule was discussed and finalized.

Monday, Wednesday and Friday will be at West from 4:30-6:30.

Tuesday and Thursday will be at D1. Dave is going to finalize this with D1, but the tentative times will be 6:30-7:30 and 7:30-8:30. Dave and Rob are hoping to do things the same as last year with the sessions. The younger kids will go to the first session and the older ones to the second. It works a lot better with having to change weights while lifting. If someone needs to go to one or the other that is not a problem.

Saturday practices will be held at Mallard Park from 10:00-11:30 for runners and jumpers. Throwers will alternate between West and Mallard Park at the same time.

Dave said he will talk to his AD about using Sage Valley on an as need basis if the weather is too bad. Lorenzo brought up having Dave reach out to NNU as well since he has started to build a relationship with the coach over there.

First practice will be November 2 with the mandatory parent meeting the same night.

Dave has been keeping an eye on the usual meets the team attends during the winter season. The dates for them, other than Simplot Games and Reno, have not been posted. He is going to investigate meets at BYU, Idaho State University, Weber State and any other ones close by. Dave is also hoping to find meets that middle schoolers can attend since there is only usually one for them. The club will not attend the Reno Holiday Invite this year as it is the day after Christmas. It would be too hard to ask athletes and coaches to leave Christmas Day. Both Dave and Rob are bummed because they both agree it is a great meet. There is some hesitancy from Rob and Dave to attend the Spokane HS Innovational due to high costs to register and the costs to athletes and families for food and the strictness of the meet hosts. They both love this meet as it's high competition and ran very well. Rob and Dave will discuss more regarding this meet. Dave told the Board that University of Idaho is redoing their indoor track so he doesn't believe the regional meet will happen. He is going to reach out to another Region close by and see if our athletes can compete there. Dave and Rob are hoping to have 3 meets for this winter season with the last one being Simplot Games taking place February 17-20th. Katie told Dave to let her know of any optional meets that athletes can attend. When she makes the schedule she can list those as well. Spike Up will register the athlete but it would be up to the athlete and parent to make all other arrangements.

For travel uniforms we are going to continue to use Rival and Idaho Shirt Company. Katie told the board how she appreciates that Rival is willing fix any issues/mistakes made with the orders. Stephanie brought up how athletes said the Poly blend uniforms make them to hot and the pants are hard to take off. Katie is going to reach out to Ashleigh, her point on contact, about cotton items. Linda and Rob also mentioned how they did not like how the Poly frays easy. Katie and Rob are also going to reach out to some local companies that they know about getting t-shirts made for athletes, parents and supporters. Lorenzo said he always wanted to have a Swag Store, as we can sell items from our website, so this may be the start of that.

Dave would like to run an ad that would be more targeted to Jumpers and Throwers. He worries that people see Track & Field and only think of running. Katie brought up how she is hesitant to grow the club to much as Rob is the only throws coach and Linker is the only jumps coach. Coaches and Board came to an agreement to run a general ad for a month but will make sure it highlights Throws and Jumps. If the registration process is slow, we will run a two-week ad one for Track and one for Field events.

Other Important Business

The floor was opened for discussion. Dave said Spike Up had a great summer season. Athletes have come out and worked hard, and it shows. Rob brought up all the PRs made and that we had 3 All-American athletes. Dave does want to get better this winter season as meeting as a whole team before warmups and practice. After the team goes over any important information and cheer, they will be released to their disciplines. During winter they tried to do it after warmups or practice, and it didn't work cause people were ending at different times.

The board asked what kind of equipment would need to be purchased for the upcoming season. Rob knows a community member who is willing to donate high jump pads after this school year to the club. He is not sure what kind of shape they are in, but they would be no cost to them. Dave is also going to talk to Jason Brown about Skyview's jumps pads. It was mentioned that they may be getting new ones so Dave will talk with Jason, and possibly the AD, about this. Rob and Dave are hoping to get pads sooner than later that way they can have high jump practice with the rest of the team, rather than having to travel out to Melba with Coach Farris. Rob said that he will need new Javelins in the summer for Small Spikes as USATF has changed which ones they are to throw. He will also need new hammer wires as the team went through quite a few this summer.

Lorenzo will be taking a more active role in the club. With him being the founder and face of Spike Up he wants to work on growing and advocating for the club. One thing he wants to take on is doing a Golf Scramble. Lorenzo spoke with a coworker, and they do one every year and it raises 8-10K a year. He did say the biggest challenge is finding a gold course that is willing to host one. Daniel mentioned that Centennial Golf Course has done them in the past. Dave also knows someone who works there and can reach out. The second biggest challenge is outreach. He is willing to do as much as he can but would need some help from parents and the board pertaining to this. Lastly would be finding local business to donate gifts. Lorenzo said he will do all the heavy lifting and planning but will need some help along they way and as things get closer. He is going to start looking into it now and would like to have the event

next September. This way it gives him and the club a year to make sure it's done correctly. Lorenzo is hoping to raise enough money to help keep the costs or registration down, help with travel costs and maybe even getting a van in the future. He is hoping this can be a successful fundraiser done yearly.

Linda would like to change the fiscal year from September 1 - August 31. It makes it hard with how it is currently because it ends in the middle of the summer season. The board will vote to amend the bylaws at their next meeting.

Linda had some questions that she was hoping Lorenzo could answer. The first one was regarding taxes. PayPal is showing the club makes over \$50,000 even though they do not. She is worried that will cause taxing issues. Dave recommended Linda to get a list of questions together and he can ask his wife, Amy, about them. The second question was regarding moving away from the Pool Account. Spike Up uses a credit card to pay for everything, and the Pool Account makes Linda's life a little more difficult. Lorenzo wasn't sure if that was possible since that was athlete money. Linda was okay with that answer and will see if she will continue to do things as she has been.

Public Comments

No other public comments

Meeting Adjourned

Meeting adjourned at 8:10 pm by Linda Fischer. Katie Solosabal seconded it.